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STROBE Statement—Checklist of items that should be included in reports of ***cohort studies***

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|  | | Item No | Recommendation | Page No |
| **Title and abstract** | | 1 | (*a*) Indicate the study’s design with a commonly used term in the title or the abstract | Title page |
| (*b*) Provide in the abstract an informative and balanced summary of what was done and what was found | Abstract |
| Introduction | | | | |
| Background/rationale | | 2 | Explain the scientific background and rationale for the investigation being reported | Introduction, Paragraphs 1-2 |
| Objectives | | 3 | State specific objectives, including any prespecified hypotheses | Introduction, Paragraph 3 |
| Methods | | | | |
| Study design | | 4 | Present key elements of study design early in the paper | Introduction, Paragraph 3 and Methods, Patients and Setting, Paragraph 2 |
| Setting | | 5 | Describe the setting, locations, and relevant dates, including periods of recruitment, exposure, follow-up, and data collection | Methods, Health System in Hong Kong; The JADE Program; Patients and Settings, Paragraph 1 |
| Participants | | 6 | (*a*) Give the eligibility criteria, and the sources and methods of selection of participants. Describe methods of follow-up | Methods, Health System in Hong Kong; The JADE Program; Patients and Settings, Paragraph 1; and Outcomes |
| (*b*)For matched studies, give matching criteria and number of exposed and unexposed | Statistical Analysis, Paragraph 3 and S2 Table |
| Variables | | 7 | Clearly define all outcomes, exposures, predictors, potential confounders, and effect modifiers. Give diagnostic criteria, if applicable | Methods, Outcomes; Statistical Analysis, Paragraphs 1-3 and S1 Table |
| Data sources/ measurement | | 8\* | For each variable of interest, give sources of data and details of methods of assessment (measurement). Describe comparability of assessment methods if there is more than one group | Methods, The JADE Program; Patients and Settings; Outcomes, Paragraph 1 and S1 Table |
| Bias | | 9 | Describe any efforts to address potential sources of bias | Statistical Analysis, Paragraph 3 and Discussion, Limitations |
| Study size | | 10 | Explain how the study size was arrived at | Methods, The JADE Program and Patients and Settings, Paragraphs 1-2; Fig 2 |
| Quantitative variables | | 11 | Explain how quantitative variables were handled in the analyses. If applicable, describe which groupings were chosen and why | Methods, Patients and Settings, Paragraph 2 |
| Statistical methods | | 12 | (*a*) Describe all statistical methods, including those used to control for confounding | Statistical Analysis, Paragraphs 1-2 |
| (*b*) Describe any methods used to examine subgroups and interactions | Statistical Analysis, Paragraph 3 |
| (*c*) Explain how missing data were addressed | Not applicable |
| (*d*) If applicable, explain how loss to follow-up was addressed | Statistical Analysis, Paragraph 3 |
| (*e*) Describe any sensitivity analyses | Statistical Analysis, Paragraph 3 |
| Results | | | |  |
| Participants | | 13\* | (a) Report numbers of individuals at each stage of study—eg numbers potentially eligible, examined for eligibility, confirmed eligible, included in the study, completing follow-up, and analysed | Results, Paragraph 1 and Fig 2 |
| (b) Give reasons for non-participation at each stage | Not applicable |
| (c) Consider use of a flow diagram | Fig 2 |
| Descriptive data | | 14\* | (a) Give characteristics of study participants (eg demographic, clinical, social) and information on exposures and potential confounders | Results, Paragraph 1; Table 1; S3 Table, S4 Table and S7 Table |
| (b) Indicate number of participants with missing data for each variable of interest | Table 1 |
| (c) Summarise follow-up time (eg, average and total amount) | Results, Outcomes, Paragraph 1 |
| Outcome data | | 15\* | Report numbers of outcome events or summary measures over time | Results, Outcomes Paragraph 1; Table 2; S5 Table; S6 Table |
| Main results | 16 | (*a*) Give unadjusted estimates and, if applicable, confounder-adjusted estimates and their precision (eg, 95% confidence interval). Make clear which confounders were adjusted for and why they were included | | Results, Outcomes, Paragraphs 2-4; Fig 3; Fig 4; S2 Fig; S3 Fig, S4 Fig |
| (*b*) Report category boundaries when continuous variables were categorized | | Not applicable |
| (*c*) If relevant, consider translating estimates of relative risk into absolute risk for a meaningful time period | | Not applicable |
| Other analyses | 17 | Report other analyses done—eg analyses of subgroups and interactions, and sensitivity analyses | | Methods, Outcomes, Paragraphs 3-4; Fig 4; S2 Fig; S3 Fig; S4 Fig |
| Discussion | | | | |
| Key results | 18 | Summarise key results with reference to study objectives | | Discussion, Paragraph 1 |
| Limitations | 19 | Discuss limitations of the study, taking into account sources of potential bias or imprecision. Discuss both direction and magnitude of any potential bias | | Discussion, Paragraph 1 and Paragraph 3; and Limitations, Paragraph 1 |
| Interpretation | 20 | Give a cautious overall interpretation of results considering objectives, limitations, multiplicity of analyses, results from similar studies, and other relevant evidence | | Discussion, Paragraphs 2-7 and Conclusion |
| Generalisability | 21 | Discuss the generalisability (external validity) of the study results | | Discussion, Limitations, Paragraph 1 and Conclusion |
| Other information | | | | |
| Funding | 22 | Give the source of funding and the role of the funders for the present study and, if applicable, for the original study on which the present article is based | | Financial Disclosure |

\*Give information separately for exposed and unexposed groups.

**Note:** An Explanation and Elaboration article discusses each checklist item and gives methodological background and published examples of transparent reporting. The STROBE checklist is best used in conjunction with this article (freely available on the Web sites of PLoS Medicine at http://www.plosmedicine.org/, Annals of Internal Medicine at http://www.annals.org/, and Epidemiology at http://www.epidem.com/). Information on the STROBE Initiative is available at http://www.strobe-statement.org.